

Burma, officially the Republic of the Union of Myanmar, commonly shortened to Myanmar, is a sovereign state in Southeast Asia bordered by Bangladesh, India, China, Laos and Thailand.

HELPFUL MYAN (BURMESE) PHRASES

Hello	Min ga lar par
Goodbye	Thwa dau mal
How are you?	Nei kaon la?
Please	Kyeizu pyu yue
Thank you	Kyeizu tin ba de



SOME FACTS ABOUT MYANMAR

GOVERNMENT

Parliamentary government took power in March 2011
Capital – Yangon
GDP - \$111.1 billion

LEADERSHIP

Thein Sein, President

MAJOR URBAN AREAS

Rangoon – 4.705 million
Mandalay – 1.139 million

NATIONAL HOLIDAY

Independence Day, January 4, 1948;
Union Day, February 12, 1947

RELIGION

Buddhist – 89%
Christian – 4%
Muslim – 4%
Animist – 1%
Other – 2%

PEOPLE & SOCIETY

Population (est) – 55,746,253
Languages
Burmese

NATURAL RESOURCES

Petroleum, timber, tin, antimony, zinc, copper, tungsten, lead, coal, marble, limestone, precious stones, natural gas, hydropower

TIME DIFFERENCE

Pacific Daylight Time +15 hrs

EDUCATION

Literacy Rate – M 95.1% / F 90.4% (est.)
School Expectancy – M 13yrs / F 13yrs
Unemployment Rate –9 %

TYPICAL FOOD

Rice Vegetable
Fish
Chicken

NATIONAL SYMBOL

Chinthe (mythical lion)

GENERAL PROTOCOL

(Rules & Taboos)

Referred as "Burmese." Men greet each other with a handshake, a nod or a smile, while women greet each other with a hand wave, a smile, a nod, or a handshake. Men greet women with a smile, a nod, or a handshake. Generally, young people are advised to bow down while crossing in front of old people. It's (or was) considered rude to walk in front of old people without bowing your head.



MYANMAR

Special Olympics Facts & Figures

WORLD GAMES 2015 DELEGATION

HOST TOWN

La Habra

HEAD OF DELEGATION

Myo Myint

ESTIMATED TOTAL INVOLVEMENT

Athletes – 10

Coaches/Staff – 5

SPORTS

Athletics – 8

Bocce – 2

SO MYANMAR

LEADERSHIP

Col. Myo Myint,
Board Chair

Col. Thein Win,
National Director

REGISTERED PARTICIPANTS

Athletes – 2,497

Coaches – 83

Competitions – 16

OTHER DEVELOPMENT PROGRAMS

Athlete Leadership Programs (ALPs)
Family Support Network (FSN) Young
Athletes Program (YAP)

REGISTERED SPORTS

Aquatics

Athletics

Bocce

Bowling

Football (Soccer)

MISSION STATEMENT

To provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

HISTORY:

Founded in 2004